



## **COVID-19 Candidate Policy** **(For candidates attending courses at 2<sup>nd</sup> Chance First Aid Version 1.2 28<sup>th</sup> October 2020)**

### **COVID-19 Information**

At 2<sup>nd</sup> Chance First Aid we take the Safety and Wellbeing of candidates who attend our courses very seriously. As a result, we want to ensure that those that choose to attend during the COVID-19 Crisis, feel as safe and comfortable as possible in these difficult times.

**Please find listed below the reasonably practical measures we will be putting in place to allow you to attend our courses as safely as possible:**

#### **Pre-Course Candidate COVID-19 Declaration Form**

- All candidates will be asked to complete and sign a COVID-19 declaration form on arrival at the venue. This form details certain aspects of social distancing and COVID-19 measures put in to place by 2<sup>nd</sup> Chance First Aid, that candidates will have to formally agree to, before they will be allowed to attend.

#### **No Contact Temperature Check Before Entry to Training Room**

- All candidates will have their temperature taken prior to entry to the training room. **Any candidate with a Temperature over 37.8°C or any candidate who refuses to have their temperature taken** will unfortunately be refused entry onto the course.

#### **Reduced Class Sizes**

- Until further notice ALL on-site courses at our venue in Quedgeley will be limited to 8 candidates per course, to help ensure social distancing measures are adhered to.

#### **Limited Person to Person Physical Contact**

- Most practical aspects of the course, including many of the assessment processes will now be conducted on manikins or with the attendees treating themselves. There are however several aspects of the assessment process which will still require student to student contact.

- In these limited circumstances where the 2 metre social distancing rule cannot be maintained, the following PPE measures will be in force:
- All attendees will sanitise their hands before and after contact
- Face Coverings/Masks will be worn throughout
- Gloves will also be provided if attendees feel they require them
- Wherever possible the trainer will pair up attendees who may work together normally/be in the same social or family bubble/have travelled in the same mode of transport to the course together.

### **Individual Practical Zones**

- Each candidate will have their own practical zone to ensure social distancing is adhered to wherever possible.
- Each practical zone measures 2m x 2m minimum in size.
- Each practical zone will have a closed lid bin, lined with a disposable bin liner. Bins will be emptied, and all bins cleaned using a bleach solution after every training day.
- All zones are clearly marked with Yellow Warning floor tape.

### **Refreshments:**

- Filtered Water will be available with disposable cups provided.
- Sealed Tea, Coffee & Milk packs will be provided, with NO TOUCH Hot Water Urns in the centre of the room.
- Disposable (Recyclable) Cups will be available in EACH student practical zone.
- Lunch is not provided on the course, but students are welcome to bring their own lunch or there are several places local to the venue.

### **Manikin/Equipment Hygiene**

- Each candidate will have their own manikin/s (Adult/Child/Infant) throughout the duration of the course (NO ONE WILL HAVE TO SHARE).
- All manikin lung bags are removed from each manikin after every day of training and replaced with new ones.
- All manikin faces are soaked in a bleach solution for at least 12 hours, then placed into sealable plastic bags and stored for at least 72 Hours before being used again.
- Each manikin is cleaned thoroughly prior to the start of each day, using 70% Isopropyl Alcohol Wipes. However, each candidate will have access to wipes throughout the course if they wish to sanitise equipment more often.
- New resuscitation face shields are available to use when performing mouth to mouth on the manikins as an added layer of protection, if student require them.

- In the case of Infant manikins, all outer baby grows are removed after every day and washed on a MINIMUM 60°C wash cycle before being used again.
- Kneeling mats will be cleaned down with 70% Isopropyl Alcohol Wipes after every day of training and wipes also provided to each candidate throughout the course, if they wish to sanitise equipment more often.
- Gloves will also be available to all candidates throughout the duration of the course, if they feel the need to use them.

### **General Personal Candidate Hygiene**

- As the government appears to currently be advising people to wear face coverings when in more confined spaces, we will be offering surgical face masks to all candidates on arrival.
- However, we are more than happy for you to bring, and wear your own face coverings.

**• FACE COVERINGS WILL BE MANDATORY ON ALL COURSES FROM THE 12<sup>th</sup> AUGUST 2020 UNTIL FURTHER NOTICE, UNLESS THE ATTENDEE HAS A PHYSICAL/MENTAL ILLNESS, IMPAIRMENT OR DISABILITY.**

- Each candidate will be provided with their own spray bottle of 80% Alcohol Hand Sanitising Fluid to use throughout the course. (Public Health England are advising all hand sanitisers need to contain a minimum 60% alcohol to be effective against COVID-19).
- Good hand washing practices will be advised throughout the duration of the course as per current government guidelines.
- Clear information signs will be found in each toilet cubical, to instruct the candidates on how to hand wash effectively for at least 20 seconds, as per Public Health England's guidelines.
- Anti-Viral/Bacterial soap will be provided in each toilet cubical, and electric hand dryers have recently been fitted.

### **General Venue Hygiene**

- All hard surfaces will be cleaned before and after every training day, using a bleach solution including the following areas:

Windowsills, Light Switches, Tables, Chair Legs, Doors, Door Handles, Toilets Seats, Sinks and Taps.

- As an added layer of protection, we are now using a Fogging Machine to sanitise all hard/soft surfaces including: Windows, Blinds, Walls, Sealing, Floor and Soft Furnishings.

The disinfectant used when fogging meets all the required British Standards and is completely safe after just 40 minutes. However there would normally be at least 12 hours between each course.

## **Sterilised Candidate Packs**

Each candidate will receive a sterilised, grip sealed bag containing the following:

- Clip Board (Sterilised not retained by candidate).
- Pen (NEW and retained by candidate).
- First Aid Manual (New and retained by candidate).
- Spray Bottle of 80% Alcohol Hand Sanitiser (Sterilised not retained by candidate).
- Candidate Enrolment Form/Evaluation Form.

**Please note all candidate packs are made up and sealed at least 72 hours prior to course start, to minimise the risk of the COVID-19 Virus being present.**

## **Course Attendance**

**The following Candidates will NOT currently be allowed to attend the course:**

Expert doctors in England have identified specific medical conditions that, based on what we know about the virus so far, place someone at greatest risk of severe illness from COVID-19.

Clinically extremely vulnerable people may include the following people. Disease severity, history or treatment levels will also affect who is in this group.

1. Solid organ transplant recipients.
2. People with specific cancers:
  - people with cancer who are undergoing active chemotherapy
  - people with lung cancer who are undergoing radical radiotherapy
  - people with cancers of the blood or bone marrow such as leukaemia, lymphoma or myeloma who are at any stage of treatment
  - people having immunotherapy or other continuing antibody treatments for cancer
  - people having other targeted cancer treatments which can affect the immune system, such as protein kinase inhibitors or PARP inhibitors
  - people who have had bone marrow or stem cell transplants in the last 6 months, or who are still taking immunosuppression drugs
3. People with severe respiratory conditions including all cystic fibrosis, severe asthma and severe chronic obstructive pulmonary (COPD).
4. People with rare diseases that significantly increase the risk of infections (such as severe combined immunodeficiency (SCID), homozygous sickle cell).
5. People on immunosuppression therapies sufficient to significantly increase risk of infection.
6. Women who are pregnant with significant heart disease, congenital or acquired.

**As well as the above medical conditions anyone displaying ANY of the following COVID-19 Symptoms should not attend and Self Isolate for 14 days.**

- **A New Continuous Cough** – this means a coughing a lot for more than an hour, 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual).
- **A High Temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature).
- **A Loss of, or Change in Your Normal Sense of Taste or Smell (Anosmia)**

**\*Current NHS and Public Health Guidance\***

### **Making the Decision to Attend?**

Whilst 2<sup>nd</sup> Chance First Aid has done everything reasonably practical to ensure the safety of candidates on our courses, the final decision to attend has to be that of the candidate.

If you feel you would like to discuss this further in person, please do not hesitate to contact us via the following methods:

Email: [2ndchancefirstaid@blueyonder.co.uk](mailto:2ndchancefirstaid@blueyonder.co.uk)

Telephone: 01452 723150

Mobile: 07855 473751