

2nd Chance First Aid COVID-19 Candidate Policy (For candidates attending open courses at 2nd Chance First Aid)



Introduction

Due to the current COVID-19 Crisis affecting the UK, 2nd Chance First Aid had suspended Face to Face training until now.

With the recent slight easing of government restrictions on our day to day movements, we are now looking to start supporting our client base by offering places on our open courses again.

However due to the Government's current advice on 2m social distancing in workplaces still in place, we are planning to return to what we hope will be full delivery with a stepwise, phased approach.

At 2nd Chance First Aid we take the Safety and Wellbeing of candidates who attend our courses very seriously. As a result, we want to ensure that those that choose to attend during the COVID-19 Crisis, feel as safe and comfortable as possible in these difficult times.

Please find listed below the reasonably practical measures we will be putting in place to allow you attend our courses as safely as possible:

Reduced Class Sizes

- Until further notice ALL on-site courses at our venue in Quedgeley will be limited to 7 candidates per course, to help ensure social distancing measures are adhered to.

No Person to Person Physical Contact

- ALL the practical aspects of the course, including the assessment processes will now be conducted on Manikins NOT other attendees, which was common practice prior to the COVID-19 Crisis.
- This will also include the trainer/s not using attendees to demonstrate on.

Individual Practical Zones

- Each candidate will have their own practical zone to ensure social distancing is adhered to at all times.
- Each practical zone measures 2.3m x 2.3m in size.

- Each practical zone will have a closed lid bin, lined with a disposable bin liner. Bins will be emptied, and all bins cleaned using a bleach solution after every training day.
- All zones are clearly marked with Yellow Warning floor tape.

Manikin/Equipment Hygiene

- Each candidate will have their own manikins (Adult/Child/Infant) throughout the duration of the course (NO ONE WILL HAVE TO SHARE).
- All manikin lung bags are removed from each manikin after every day of training and replaced with new ones.
- All manikin faces are soaked in a bleach solution for at least 24 hours, then placed into sealable plastic bags and stored for at least 72 Hours before being used again.
- Each manikin is cleaned thoroughly prior to the start of each day, using 70% Isopropyl Alcohol Wipes. However, each candidate will have access to wipes throughout the course if they wish to sanitise equipment more often.
- Each candidate will also be given their own, new resuscitation face shield to use when performing mouth to mouth on the manikins as an added layer of protection.
- In the case of Infant manikins, all outer baby grows are removed after every day and washed on a MINIMUM 60°C wash cycle before being used again.
- Kneeling mats will be cleaned down with 70% Isopropyl Alcohol Wipes after every day of training and wipes also provided to each candidate throughout the course, if they wish to sanitise equipment more often.
- Gloves will also be available to all candidates throughout the duration of the course, if they feel the need to use them.

General Personal Candidate Hygiene

- As the government appears to currently be advising people to wear face coverings when in more confined spaces, we will be offering surgical face masks to all candidates on arrival. However, we are more than happy for you to bring, and wear your own face coverings.
- Each candidate will be provided with their own 100ml spray bottle of 80% Alcohol Hand Sanitising Fluid to use throughout the course. (Public Health England are advising all hand sanitisers need to contain a minimum 60% alcohol to be affective against COVID-19).
- Good hand washing practices will be advised throughout the duration of the course as per current government guidelines.
- Clear information signs will be found in each toilet cubical, to instruct the candidates on how to hand wash effectively for at least 20 seconds, as per Pubic Health England's guidelines.
- Anti-Viral/Bacterial soap will be provided in each toilet cubical, and electric hand dryers have recently been fitted.

General Venue Hygiene

- Carpet and chair upholstery will be steam cleaned after every course.
- All hard surfaces will be cleaned before and after every training day, using a bleach solution including the following areas:

Windowsills, Light Switches, Tables, Chair Legs, Doors, Door Handles, Toilets Seats, Sinks and Taps.

Sterilised Candidate Packs

Each candidate will receive a sterilised, grip sealed bag containing the following:

- Clip Board (Sterilised not retained by candidate).
- Pen (NEW and retained by candidate).
- First Aid Manual (New and retained by candidate).
- 100ml Spray Bottle of 80% Alcohol Hand Sanitiser (Sterilised not retained by candidate).
- Candidate Enrolment Form/Evaluation Form.
- 3x Bandages (Due to shortages of bandages, retained and washed on min 60°C Wash cycle before being used again).
- 2x Triangular Bandage (As above).

Please note all candidate packs are made up and sealed at least 72 hours prior to course start, to minimise the risk of the COVID-19 Virus being present.

Course Attendance

The following Candidates will NOT currently be allowed to attend the course:

Expert doctors in England have identified specific medical conditions that, based on what we know about the virus so far, place someone at greatest risk of severe illness from COVID-19.

Clinically extremely vulnerable people may include the following people. Disease severity, history or treatment levels will also affect who is in this group.

1. Solid organ transplant recipients.
2. People with specific cancers:
 - people with cancer who are undergoing active chemotherapy
 - people with lung cancer who are undergoing radical radiotherapy
 - people with cancers of the blood or bone marrow such as leukaemia, lymphoma or myeloma who are at any stage of treatment
 - people having immunotherapy or other continuing antibody treatments for cancer
 - people having other targeted cancer treatments which can affect the immune system, such as protein kinase inhibitors or PARP inhibitors
 - people who have had bone marrow or stem cell transplants in the last 6 months, or who are still taking immunosuppression drugs
3. People with severe respiratory conditions including all cystic fibrosis, severe asthma and severe chronic obstructive pulmonary (COPD).

4. People with rare diseases that significantly increase the risk of infections (such as severe combined immunodeficiency (SCID), homozygous sickle cell).
5. People on immunosuppression therapies sufficient to significantly increase risk of infection.
6. Women who are pregnant with significant heart disease, congenital or acquired.

As well as the above medical conditions anyone displaying ANY of the following COVID-19 Symptoms should not attend and Self Isolate for 14 days.

- **A New Continuous Cough** – this means a coughing a lot for more than an hour, 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual).
- **A High Temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature).
- **A Loss of, or Change in Your Normal Sense of Taste or Smell (Anosmia)**

Current NHS and Public Health Guidance

Making the Decision to Attend?

Whilst 2nd Chance First Aid has done everything reasonably practical to ensure the safety of candidates on our courses, the final decision to attend has to be that of the candidate.

If you feel you would like to discuss this further in person, please do not hesitate to contact us via the following methods:

Email: 2ndchancefirstaid@blueyonder.co.uk

Telephone: 01452 723150

Mobile: 07855 473751

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